

Calculate Your Net Worth Calculate your net worth by subtracting your liabilities (what you owe) from your assets (what you own).			
Assets	Value	Liabilities	Value
Cash		Home Mortgage	
Checking Account(s)		Second Mortgage	
Savings Account(s)		Home Equity Line	
Other Valuables (collectibles, antiques, etc.)		Student Loans	
Home (if you own)		Auto Loans	
Other Real Estate		Personal Loans	
Other Assets or Personal Investments (vehicles, businesses, etc.)		Credit Cards	
Money Market Accounts		Unpaid Medical Bills	
Certificates of Deposit (CDs)		Other Debts:	
Savings Bonds			
Individual Retirement Accounts (IRAs)			
Employer Investment Plans (401(k), 403(b))			
Other Retirement Plans			
Annuities			
Mutual Funds			
Stocks			
Bonds			
Other Investments			
Total Assets:		Total Liabilities:	
Net Worth (Assets minus Liabilities):			

Adapted from [Savings Fitness: A Guide to Your Money and Your Financial Future](#) from the U. S. Department of Labor

