

## **Work Satisfaction Worksheet**

How satisfied are you with your work and the benefits your job provides? A recent <u>Gallup poll</u> interviewed 485 working adults regarding 13 aspects of job satisfaction. Use this simplified version of the poll to see how satisfied you are.

	Completely Satisfied	Somewhat Satisfied	Unsatisfied
Health insurance benefits your employer offers			
Amount of vacation time you receive			
Retirement plan your employer offers			
Amount of money you earn			
Your chances for promotion			
Your job security			
Recognition you receive at work for your work accomplishments			
Your boss or immediate supervisor			
Amount of work that is required of you			
Your relations with co-workers			
Physical safety conditions of your workplace			
Amount of on-the-job stress in your job			
Flexibility of your hours			

